

Merry Christmas! Happy Hanukkah! Celebrate Kwanzza!

President's Note...

Dear Neighbors,

It's beginning to look a lot like Christmas! What a wonderful, beautiful neighborhood we have! I love this time of year. A special thanks to everyone for decorating your homes with Christmas cheer. The yards look so festive.

Please keep in mind it is the holiday season. The Richland County Sheriff's Department has reported an increase in burglaries in our area. While there have not been any incidences in our neighborhood, please keep your doors locked both on your home and cars and report any suspicious activities to the police immediately.

I'd like to say a special thanks to Julie Siomacco who was responsible for putting together the neighborhood directory. It's awesome to have that as a resource for the neighborhood. If you didn't get your information in, don't worry we'll do an updated one this summer. You can add your information to the directory by visiting our website, [www.belfair.ws](http://www.belfair.ws)

By now, you should have received your homeowners' dues notices. Due need to be paid by January 31. Thank you in advance for your support. With your financial and volunteer support, we know that will be able to continue to enhance our neighborhood's grounds and pool.

I hope you all have a wonderful holiday season. Please contact me or our management company with any concerns you might have. You can contact me by phone at 732-1233 or by e-mail at [cwhill88@earthlink.net](mailto:cwhill88@earthlink.net).

Merry Christmas & Happy New Year!

Christie Hill

Too often we under estimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

—Leo Buscaglia

If you have a question regarding your dues for 2004 or if you have a covenant violation to report, please contact our management company at their office or via email.

**Halcyon Real Estate Services, LLC**  
9600 Two Notch Road  
Suite 5  
Columbia, SC 29223  
803-736-0394  
[halcyoninc@mindspring.com](mailto:halcyoninc@mindspring.com)

**Cabana reservations? Call Nancy Fennel at 781-4340**  
or reserve online at [www.belfair.ws](http://www.belfair.ws)

Aunt Norman's Fruit Ambrosia



2 cans Dole pineapple  
chucks unsweetened  
(drained, save juice  
for sauce)

2 cans mandarin  
oranges (drain, throw  
away juice)

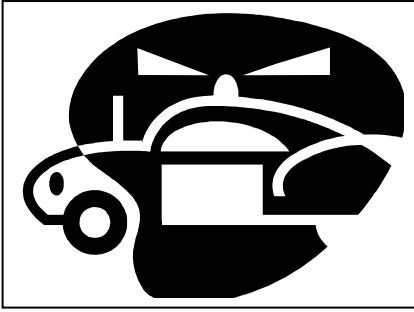
2 cups green or purple  
seedless grapes

½ cup reserved pineapple juice (unsweetened)  
1/3 cup lemon juice  
½ cup sugar  
1 egg (beaten)  
6 bananas  
Whipped cream (optional)

Put all fruits in bowl. Mix juices, sugar and egg in a pan. Mix and boil until slightly thick, then cool. Pour in sauce and mix in fruit. Slice bananas and add just before serving. Fold in whipped cream (optional).

Source: 1<sup>st</sup> Travelers Choice Internet Cookbook

### Crime Watch Report



Richland County Sheriff's Department has reported that there have been approximately 10 burglaries in our area.

Primarily, the burglaries are taking

place at custom homes that sit off the road on acreage. Specifically, they are looking for a white Taurus station wagon and a black Toyota Corolla vehicle.

Our Crime Watch deputy will be meeting with us in January. We will notify you of the date and time of the meeting as soon as possible.

#### Home Sweet Home

The neighborhood would like to welcome:  
Kevin & Leanne Yates, 315 Genessee Road

If you have purchased a home in the past 30 days and have not been contacted by the Welcome Wagon Committee, contact Sonya Baker at 732-0260 or Wendi Pesek at 407-7029.

#### **Don't forget about our website**

Check our website at [www.belfair.ws](http://www.belfair.ws). A special thanks to neighborhood resident Scott Hodgin who keeps the website up and running.

You can reserve the pool cabana, check the covenants and view monthly newsletters on the website. The password for the resident's only section has been changed to belfairzone.

#### **Trash and Debris Pickup**

Please be courteous to your neighbors with trash from all those presents and holiday treats. Neighborhood collection is on Thursdays. Please put trash out no earlier than Wednesday evening.

If you have a bulk item to dispose of, it will be collected on the 2<sup>nd</sup> full week of each month. You can call All Waste Sanitation at 808-5099 to let them know that you have an item that needs to be picked up.

### Help Make the Neighborhood More Pet Friendly

Richland County, as well as our neighborhood association, has rules about having animals roaming unleashed in the neighborhood. Please be courteous to you neighbors by keeping your pet leashed. Also, if you are walking your dog in the neighborhood, please dispose of your animals' waste. It is your responsibility to clean up behind your animal.

#### **Exercising In the Cold?**

Everyone's preparing to make those New Year's resolutions and many of them are centered on losing weight and being a little healthier. Many of us will choose to do that outside. Exercise physiologists at The Palmetto Health Heart Hospital, located at Palmetto Health Richland, suggest the following ideas to keep you motivated and safe while exercising outside during chilly winter months:

- Warm up. Stretch the major muscle groups for at least five minutes, and do five minutes of an active warm up. Gradually progress to full exercise capacity. It may take longer to reach full capacity in the winter.
- Wear layered clothing. As your body warms up, cool off by shedding layers.
- To protect extremities from the cold, wear a hat (50-percent of the body's heat is lost through the head), thin cotton gloves, and a scarf around your face to guard from wind.
- Watch for ice or slick wet spots on sidewalks and roads.
- Drink plenty of fluids before, during and after your workout.
- Cool down. Leave five minutes or more for your cool down, add five for post-workout stretching.
- Stay motivated! If you find it hard to exercise during winter months, try some of these to keep you going:
  - Join a gym.
  - Work out with a friend.
  - Try a new type of workout.
  - Catch up on your reading. Listen to books on tape while you work out.

Source: [palmettohealth.org](http://palmettohealth.org)